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INTRODUCTION

The Applied Anatomy of the Head and Neck is designed to provide senior medical students with the anatomical foundation of medicine and surgical practice. It is designed to facilitate understanding of the fundamentals of anatomy applicable to surgical procedures and diseases processes and the involving the head and neck.

This course aimed, through lecture, clinical presentations and didactic sessions that includes experiential learning sessions, at fostering the conceptual anatomy, demonstrating the medical and surgical significance of anatomical structures. Surface anatomy and the pertinent structures in the skull, face, and the cranial cavity will be discussed in view of the importance for emergency medicine, general surgery, radiology, cosmetic and reconstructive surgery, ophthalmology, otolaryngology, neurosurgery and neurology.

The didactic component consist of a series of PowerPoint, case-based presentations and discussion sessions. The didactic component will be reinforced by a series of experiential based virtual anatomy sessions of the clinically relevant areas. Students will have the opportunity to share their educational experiences and strengthen their instructional and leadership potential through active engagement in the teaching first year medical students.

Through this curricular model, students will be able to master the fundamentals of anatomy applicable to medical practice by integrating clinical knowledge attained through hospital rotations with anatomical sciences. This integrative academic endeavor requires students’ active involvement and fulfillment of your responsibilities as much as faculty’s effort in guiding and facilitating. We are confident that this course will be a platform to attain a unique experience, fundamental skills and knowledge that will be utilized in the successful medical practice.

Welcome aboard,

*Orhan E. Arslan*
COURSE DESCRIPTION

This course entails the study of regional and systemic anatomy through a coordinated didactic, case-based presentations and experiential learning. It provides a foundation for understanding the anatomical basis of surgical procedures of the head and neck, associated complications and disease processes. The knowledge gained from this model of teaching will form the foundation for understanding the delicate interaction between structure, function and pathologic processes.

ANATOMY PRESENTATIONS

This component entails series of anatomy presentations through system-based approach with emphasis on clinical implications. Emphasis will be given to the structures associated with the head and neck. Correlation between surface anatomy and pertinent osseous landmarks, muscles, vessels, nerves and associated glands will be addressed. In this context, students review the possible pathologic processes that pertain to these landmarks.

CLINICAL CASE PRESENTATIONS

This part of the course entails presentations of selected clinical cases that reinforces anatomical knowledge, correlating manifestations with abnormalities of structures and functions. It is designed to stimulate critical thinking and develop the ability to identify weaknesses and strengths and produce teaching points from the studies cases. In addition, it is expected that students strengthen their skill necessary for critical reasoning, and data presentation through team work and collaborative intellectual activities.

EXPERENTIAL VIRTUAL LEARNING

This model of teaching anatomy entails presentations of selected surgical procedures, discussion of the indications, relevant landmarks and complications. It utilized virtual human body to identify landmarks and follow the procedure in stratified manner.

COURSE COMPETENCIES

As a future physicians and surgeons and vital component of the health care team, you will be responsible for the management of medically compromised patients, recognize and address their needs. This requires a clear understanding of the basic mechanisms that underlie disease processes, presentations, and the impact of disease on patients and treatment options. The role of sciences basic to medicine and in particular anatomy in this process need to be emphasized and revisited.

Upon successful completion of the course students will be able to:
COURSE OBJECTIVES

At the completion students should be able to:

1. Describe the morphologic characteristics of the bony skull, scalp, facial muscles of expression and associated vessels and nerves.
2. Describe the course and distribution of the facial nerve and various forms of facial palsies.
3. Discern the anatomy of the orbit, eye, nose, nasal cavity and the oral cavity and the most commonly associated clinical conditions.
4. Discuss the fascial layering of the neck, cervical plexus and the related cervical triangles and contents.
5. Outline the lateral vertebral and prevertebral muscles and explain the basis of scalene anticus syndrome.
6. Discuss the anatomy of the larynx and pharynx and associated structural dysfunctions.
7. Define the common surgical and emergency procedures utilized in the head and neck.
8. Develop the skills necessary to conduct an archival research that document the structural basis of diseases.
9. Engage in teaching through interactive laboratory settings.
10. Integrate basic and clinical science into well-organized and informative case-based presentations.
11. Outline the delicate relationships between anatomical structures and the importance of this relationship in radiographic anatomy.

METHODS OF INSTRUCTION

Meetings are scheduled for Tuesdays and Thursdays in MDC 2510 from 9:00 AM - 12:00 PM.

A. LECTURES - First two hours

There will be regular lecture presentations in each session for one hour on specific subjects that cover anatomic structures in a system-based approach, complementing the laboratory dissection sessions. These presentations will be regularly posted on course website.

B. CLINICAL CASE PRESENTATIONS PRESENTATIONS/EXPERENTIAL LEARNING - Third hour
This activity is designed to facilitate critical thinking. Students are expected to prepare clinical cases that bear anatomic significance in PowerPoint format supplemented with images and references. Students will have the opportunity to also examine and analyze presentations submitted by their colleagues.

Additionally, presentations on virtual model of human body will be introduced to enhance learning through experience. Selected procedures will be presented with the indications and complications and students are asked to reflect on this experience. A summary of their experience is collectively presented.

REQUIREMENTS

In addition to attendance and active participation in the scheduled sessions, students are required to submit 4 PowerPoint presentations by the end of a 2 week elective period and 8 presentations at the conclusion of a 4-week elective.

SPECIFICS OF STUDENT’S PRESENTATIONS

1. Presented cases should be carefully selected based on its significance, relevance and impact on knowledge base.
2. Each presentation must encompass a case history, manifestations, physical diagnosis, differential diagnosis, therapeutic methodologies and discussion.
3. Each presentation should consists of a minimum of 12 slides
4. Anatomic relevance need to be explored and documented
5. Diagnostic clues and teaching points should be listed.
6. At the end of each case presentation, a minimum of 4 questions pertinent to the case, be inserted with a brief answer for each.
7. Each slide of the PowerPoint Presentation should be balanced between text, data, and images.
8. A minimum of five recent references at the end of each presentation must be documented.

Additionally, students are expected to engage in teaching 1st year medical students within the laboratory settings on scheduled days. They are encouraged to review the laboratory guide and atlas prior to each scheduled session.

METHODS OF COMMUNICATION

Students are expected to check their e-mail account at least once a day for new announcements. Announcements and communications are principally delivered via email. Failure to read or follow electronic communication will not be an acceptable excuse to waive any course related requirements.
GRADING & EXAM FORMAT

Students will be assessed biweekly or on a monthly basis on the following criteria:

a) Attendance and participation in all instructional sessions - 60%

b) Timeliness, quality and comprehensiveness of the Case-Based Reports - 40%

(The reports must be submitted no later than 7 days after the conclusion of the elective.)

GRADING POLICY

The following grading scale will be utilized in determining the final course grade:

Grading Scale
Outstanding performance (90-100%) - H

(Irrespective of performance in the course, H’ grade will not awarded if a student has more than one absence or if she/he fails to submit the required presentation within the above specified time period.)

Solid performance (80-89%) - PC

Adequate (70-79%)

Below (70%) – F

ABSENCE FROM THE MANDATORY LEARNING SESSIONS

To receive an excused absence from a scheduled session students must contact the Office of Student Affairs as soon as possible before the scheduled session, and fill out and sign a “Request for an Excused Absence from Mandatory Session” form, attesting to its accuracy based on the USFCOM Honor Code. Following approval of the request, a makeup session will be arranged by the course director.

Excused absence from any scheduled learning activity during the elective is only allowed for one session in each period.

TEXTBOOKS & ATLASES

Students may benefit from the following resources:

LABORATORY GUIDELINES AND STANDARDS

1. Students must sign the ‘Pledge of Respect’ form prior to attending any laboratory session.

2. The laboratory will be open 24 hours/day except during exam preparation.

3. Students must wear laboratory coats during scheduled and unofficial laboratory hours. These coats should be laundered frequently. Students must not walk into other parts of the school building with soiled laboratory coats.

3. Should you inadvertently suffer even a minor cut or wound during your dissection, seek the immediate aid and advice of the course director or the faculty or staff in close proximity. Although injuries of this nature, when properly cared for heal without any complication. We strongly advise to seek medical help from the nearby Walk-In Doctors Clinic. Additionally, the laboratory is equipped with First Aid Kits and eyewash solution. Be sure to familiarize yourself with their location before an emergency occurs.

4. If you have a medical condition or think you are or may be pregnant, please promptly let the course director be aware of your situation so proper precaution and accommodation can be instituted.

5. Smoking, eating, drinking, and playing music is NOT permitted in the laboratory at any time during scheduled or outside laboratory scheduled periods.

6. Wear protective clothing, such as laboratory coats and gloves. Fixative is capable of dissolving some fabrics and staining many others. Laboratory coats or gloves must be removed before leaving the laboratory.

7. Do not wear contact lenses during dissection - especially the soft type. Formalin and phenol fumes can impregnate the soft lenses or cause corneal irritation under the hard lenses.

8. Identifying tags of the cadaver must never be removed from the table. Please keep the tag attached to the bag zipper or to the leg of the table.

9. Cadaver parts are not to be removed from the laboratory under any circumstances. Penalties range from suspension to expulsion from school.

10. At all times all anatomical tissue must also remain with the specific cadaver.

11. Cadaver must be covered at all times outside the scheduled laboratory sessions. The condition of the cadaver will deteriorate if it is kept uncovered. You will find it extremely difficult to dissect a dried out cadaver. Dry structures cannot always be easily discernible.
12. Each table will be supplied with a spray bottle containing preservative to be used to moisten cadaveric tissue. The spray bottle can be refilled from the large containers located in each laboratory section.

13. Each group must keep the table and adjacent floor space clean. Please wipe up any fluid that may spill on the floor with paper towels.

14. NO cameras or radios are allowed in the laboratory at any time.

15. All dissection materials must be deposited in dissection waste receptacles marked (Tissue Only). You must not mix paper waste with body tissues.

16. All waste paper and used gloves must be deposited in a separate waste paper receptacles. Dissection gloves must not be removed from the laboratory for health reasons.

17. Used scalpel blades and other sharp objects should be placed in the special containers provided for this purpose (not left on the dissecting table, in the sink or in the trash containers).

18. Students are not permitted to bring visitors (friends, relatives, acquaintances) into the laboratory. Only doctors or medical students may visit the laboratory for a specific research or teaching purposes after approval.

19. Two sets of deep and shallow sinks are available for your use in each section of the lab. Shallow sinks are to be strictly used for cleaning and rinsing dissection tools, organs or cadaveric specimens. Deep sinks are there for you to wash your hands. They are not intended and should not be used for rinsing dissection tools or cadaveric specimens. Additional sink are also available outside the lab for your personal use.

20. It is a privilege to have the opportunity to dissect human body. All cadavers were donated. For this reason, respect should be shown, and no undue levy should be allowed.

21. We must recognize with deep appreciation and respect those who selflessly donated their bodies to help you learn the anatomy of human body.

22. It is imperative to exercise universal precaution when handling human tissue and biologic materials as described alter.

UNIVERSAL PRECAUTIONS

The Centers for Disease Control (CDC) has published recommendations for preventing HIV (and other blood-borne pathogens) transmission in health-care settings, commonly called "universal precautions". This approach emphasizes the consistent use of blood
and body fluid* precautions for all patients because the infectious potential for blood and other body fluids is not always known. The following recommendations have been developed for use in health care settings. Many of these same recommendations are also applicable in research labs where work with blood or other body fluids is being conducted.

1. All should routinely use appropriate barrier precautions to prevent skin and mucosa exposure when contact with blood or other body fluids is anticipated. Gloves should be worn for touching blood and body fluids, mucous membranes, or non-intact skin of all patients, for handling items or surfaces soiled with blood or body fluids, and for performing venipuncture and other vascular access procedures. Gloves should be changed after contact with each patient. Masks and protective eyewear or face shields should be worn during procedures that are likely to generate droplets of blood or other body fluids to prevent exposure of mucous membranes of the mouth, nose, and eyes. Gowns or aprons should be worn during procedures that are likely to generate splashes of blood or other body fluids.

2. Hands and other skin surfaces should be washed immediately and thoroughly if contaminated with blood or other body fluids. Hands should be washed immediately after gloves are removed.

3. All health-care workers should take precautions to prevent injuries caused by needles, scalpels, and other sharp instruments or devices during procedures; when cleaning used instruments; during disposal of used needles; and when handling sharp instruments after procedures. To prevent needle stick injuries, needles should not be recapped, purposely bent or broken by hand, removed from disposable syringes, or otherwise manipulated by hand. After sharps are used, they should be placed in puncture-resistant containers for disposal; the puncture-resistant containers should be located as close as practical to the use area.

4. Pregnant health-care workers are not known to be at greater risk of contracting HIV infection than health-care workers who are not pregnant; however, if a health-care worker develops HIV infection during pregnancy, the infant is at risk of infection resulting from perinatal transmission. Because of this risk, pregnant health-care workers should be especially familiar with and strictly adhere to precautions to minimize the risk of HIV transmission.

ADDITIONAL PRECAUTIONS

As a supplement to the "universal precautions" listed above the following precautions are also recommended:

1. All specimens of blood and body fluids should be put in a well-constructed container with a secure lid to prevent leaking during transport.
2. All persons processing blood and body-fluid specimens, e.g., removing tops from vacuum tubes, should wear gloves. Masks and protective eyewear should be worn if mucous membrane contact with blood or body fluids is anticipated. Gloves should be changed and hands washed after completion of specimen processing.

3. For routine procedures, such as histologic and pathologic studies or microbiologic culturing, a biological safety cabinet is not necessary. However, biological safety cabinets should be used whenever procedures are conducted that have a high potential for generating droplets. These include activities such as blending, sonicating, and vigorous mixing.

4. Mechanical pipetting devices should be used for manipulating all liquids in the laboratory. Mouth pipetting must not be done.

5. **Use of needles and syringes should be limited to situations in which there is no alternative and the recommendations for preventing injuries with needles outlined under universal precautions should be followed.**

6. Laboratory work surfaces should be decontaminated with an appropriate chemical germicide after a spill of blood or other body fluids and when work activities are completed.

7. Contaminated materials used in the laboratory should be decontaminated before reprocessing or be placed in bags or other containers and disposed of according to The University’s procedures.

8. Equipment that has been contaminated with blood or other body fluids should be decontaminated and cleaned before being repaired in the laboratory or transported to the manufacturer.

9. **All persons should wash their hands after completing laboratory activities and should remove protective clothing before leaving the laboratory.**

*Universal precautions apply to blood and to other body fluids containing visible blood. Universal precautions also apply to semen and vaginal secretions; tissues; and to the following fluids: cerebrospinal, synovial, pleural, peritoneal, pericardial, and amniotic.*


End of Syllabus